West of Scotland ORAL/ OTHER ROUTE Drug Monographs

Abidec

FORM Oral drops

INDICATION Vitamin supplementation of premature neonates <34 weeks

DOSE RANGE

| AGE | DOSE | FREQUENCY | ROUTE |
|--|-------|-------------|-------|
| Premature infants <34 weeks from 14 days old, or on commencement of full enteral feeds if this | 0.6ml | ONCE daily* | Oral |
| is later | | | |

^{*} If an infant persistently vomits following 0.6ml Abidec daily this can be given as 0.3ml twice daily to improve tolerability.

Commencement of treatment – As soon as enteral feeding has been established (at least 100ml/kg/day tolerated)

Abidec should be started for babies weaning from TPN once enteral feeding (at least 100ml/kg/day) is tolerated, regardless of ongoing provision of SMOFvits®

CAUTIONS, CONTRA-INDICATIONS AND SIDE EFFECTS

- See Summary of Product Characteristics and most recent edition of BNF for Children (links below)

FURTHER INFORMATION . 0.6ml contains Vitamin A 1333units

Thiamine 0.4mg Riboflavin 0.8mg Pyridoxine 0.8mg Nicotinamide 8mg Vitamin C 40mg Vitamin D 400units

Abidec contains Arachis (Peanut) Oil

STORAGE Store at room temperature. Discard 4 weeks after opening

LICENSED STATUSLicensed use. Dose for premature babies whilst in hospital is off label but

endorsed in BNFC.

LINKS BNF for Children: / Electronic Medicines Compendium

APPLICABLE POLICIES West of Scotland Neonatal Guidelines:

Consult local policy if applicable

| Document Number: | 002 | Supersedes: | 001 |
|------------------|---------------------|--------------|------------------|
| Prepared by: | WoS Neo pharm group | Checked by | Michael Mitchell |
| Date prepared | Aug 2016 | Date updated | January 2022 |
| Updated by | Lauren Williams | Review Date | January 2025 |

Dose may vary depending on indication, age, renal function, hepatic function, and concomitant medications. This monograph should be used in conjunction with the package insert, BNF for Children, and Summary of Product Characteristics. For further advice contact your clinical pharmacist or pharmacy department.

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